

ST. ANTHONY'S COLLEGE, SHILLONG ALUMNI ASSOCIATION





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The St Anthony's College, Shillong Alumni Association (SACSAA) needs to be commended for efforts made to bring out the current issue of its newsletter which, we are informed, will be released, at the annual general meet of the Association, scheduled for Saturday, May 11th 2024 at the College here in Shillong.

Now that it has come out we not only rejoice, but most importantly, look forward to making this newsletter a link or connection to the growing tribe of SACSAA spread out in Meghalaya and other states in the northeast and other regions of this vast and myriad land.

May I suggest that we make use of this newsletter to share news and developments about our alma mater and of a variety other pieces of information which will be of help to all members of the alumni, who, obviously, on leaving the portals of the College will go their separate ways which their choice of vocation beckons. Some will proceed on for higher studies, some will seek government jobs. Some may become teachers. And some may even start their own business. No matter what line you follow or profession you join do make use of the pages of the newsletter to share with the growing members of the alumni of your new found life in the positions you may be occupying in life.

For those who may need information on job placements or maybe short time courses which could enhance your job skills let the pages or columns of the newsletter be of help to gain the information you may be needing.

Eventually when time's ripe for you to raise a family don't forget to share the good news with the alumni, not necessarily to attend your nuptials but to rejoice with you. Isn't that great?

Make the pages of the newsletter not spaces of staid news, but of all those elements which add meaning to life. But, most important of all, as St John Bosco said, "To know, love and help one another."

May the newsletter be a grand success.

Billy P Domes President, St Anthony's College, Shillong Alumni Association(SACSAA)

As the Secretary of our esteemed Alumni Association, I am thrilled to introduce the latest edition of our newsletter, a beacon of connection and shared pride in our alma mater. Our mission is to foster a vibrant community that celebrates the achievements of our institution and its alumni, while also nurturing a sense of belonging and support among us all.

This newsletter is more than just a collection of updates; it is a testament to the enduring spirit of our College which is going to turn 90 years on 13th June, 2024 and the remarkable individuals who have passed through its halls. We are proud to share stories of our alumni's successes, milestones, and contributions to their communities and beyond. Their achievements reflect the values and aspirations that define us as a community, and we are honored to highlight their journeys.

We invite you to reconnect with your alma mater and with fellow alumni through the pages of this newsletter. Whether you're interested in the latest developments at our institution, eager to catch up with classmates, or inspired by the accomplishments of your peers, we hope this newsletter serves as a valuable link between you and our shared past.

Moreover, we believe in the power of giving back. Our institution thrives on the support of its alumni, and we encourage you to consider ways in which you can contribute to its continued success. Whether through financial support, mentorship, or participation in alumni events, your involvement makes a significant difference.

Thank you for being a part of our alumni family. We look forward to celebrating our shared history, achievements, and the bright future that lies ahead for our institution and its alumni.

Prayers and regards

Kesterlee L Syiemiong Secretary, St. Anthony's College, Shillong Alumni Association (SACSAA)

Honoring the Legacy, Celebrating the Future: A Profound Reflection for Our Esteemed St. Anthony's College Shillong Alumni Association

Dear Alumni,

As the custodian of the cherished legacy of St. Anthony's College, Shillong, it is with a deep sense of reverence and pride that I extend my heartfelt greetings to each and every one of you, esteemed members of our Anthonian family. In this moment of reflection and celebration, I am reminded of the countless lives touched and transformed by the hallowed halls of our alma mater, and the profound impact that our esteemed alumni continue to have on society.

In the annals of recollection that adorn the heritage of St. Anthony's College, the stories of our old students stand as a testament to the enduring spirit of camaraderie, learning, and growth that defines our institution. From the corners of the library to the bustling corridors and the nostalgic classroom, each memory is a precious thread that binds us together, weaving narratives of shared experiences, triumphs, and challenges. It is through these memories that we find solace and inspiration, drawing strength from the bonds of friendship and the lessons learned in the pursuit of knowledge and truth.

To our esteemed alumni who have risen to prominence in society, whether through their distinguished service to the state or their inventive entrepreneurial endeavours, I extend my heartfelt congratulations. Your achievements serve as a shining example of the transformative power of education and the unwavering commitment to excellence that lies at the heart of the Anthonian ethos. Your success not only brings honour to our alma mater, it also inspires us to strive for greatness in all that we do, knowing that anything is possible with dedication, perseverance, and a steadfast belief in oneself and the blessings of God.

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I am also moved by the remarkable success stories that have emerged from our Evening College at St. Anthony's. Despite facing myriad challenges and obstacles, our Evening College alumni have demonstrated remarkable resilience, determination, and ingenuity in their pursuit of personal and professional fulfillment. From humble beginnings to lofty heights, their journeys are a testament to the power of education and the boundless potential that resides within each and every one of us. Their stories serve as a beacon of hope and inspiration to all who dare to dream, reminding us that with courage, conviction, and hard work, the sky is truly the limit.

Yet, beyond the individual achievements and accolades, what truly sets our alumni apart is the intangible yet palpable Anthonian Spirit that permeates every aspect of our community. It is a spirit of unity, compassion, and collective endeavour that transcends time and space, binding us together as one family, united in our shared love for St. Anthony's College and the values it represents. Whether we are near or far, the bonds of fellowship that were forged within the walls of our alma mater remain unbreakable, serving as a source of strength, support, and inspiration in our journey through life.

As we come together to celebrate the achievements of our alumni, let us also reaffirm our commitment to the values that have always defined us as Anthonians. Let us strive to embody the principles of integrity, excellence, and service in all that we do, knowing that our actions today have the power to shape the world of tomorrow. Let us honour the legacy of St. Anthony's College by embracing the challenges that lie ahead with courage, resilience, and an unwavering belief in the inherent goodness of humanity

I extend my deepest gratitude to each and every one of you for your unwavering support, dedication, and commitment to our alma mater. May the Anthonian Spirit continue to guide and inspire us in all our endeavours, and may the bonds of friendship and fellowship that unite us as Anthonians remain strong and unbroken for generations to come.

Ever More, Better Ever

From,

The Desk of the Principal, Rev. Br. (Dr.) Albert L. Dkhar, SDB St. Anthony's College, Shillong

Dear Anthonians,

As we gather again in our alma mater it's time to reconnect with old friends, relive the glorious days and create new memories that will live on in our hearts for years to come.

Make A Difference- is the motto of St. Anthony's College Shillong Alumni Association (SACSAA). This little magazine titled: In Touch, is a way of bringing together memories and testimonials of Anthonians who make a difference in the world. We know that the collections are not extensive. Since our pages have limits the selection had to be limited. We appreciate those expressed here and treasure fondly those that did not find a place in this issue.

I am certain that the Salesian pedagogical system of learning prepared you well to make this difference in your life. This pedagogy of Don Bosco using Reason, Spirituality and Loving Kindness is a tested way of success for sure.

As a Don Bosco Institution belonging to the global network, we are proud that our Anthonians are part of a greater family of honest citizens and spiritually inspired persons. And that was the vision and dream of Don Bosco, our founder.

Talking of dreams, the Salesians of Don Bosco have their strenna for the year 2024 as: The Dream that lets You Dream, basing on little Johnny Bosco's dream at age 9. This dream for Bosco, was always a point of reference and direction paving the way for his mission for the young. We then, as members of this great family of Don Bosco, need to live on his dream and mission in the world.

What then is your dream that let you live on?... Let there be a dream in you to make a difference in and around you and May God light up your path to that dream.

I express my gratitude to the President, members of SACSAA and all those who worked hard to put these pages together. Let these testimonials help us to re-connect and be In Touch with our alma mater and one another.

With grateful hearts,

Fr Joby Joseph sdb PhD Delegate, SACSAA



SAC Alumni Writeups

"Right from the start my wish had always been to join St, Anthony's college, of which I had heard so much. But I became a mother while still in school. Somehow I completed my secondary and higher secondary education and took up a job and after higher secondary all I thought was this is the end to education for me, but one day I saw an advertisement on the evening college of St. Anthony's. By God's grace I got the admission, and saw the doors of my dreams opening in being in one of the best colleges of Shillong.

To my utter joy, I was made to feel at home by all who was way younger to me, as there was seven year break of studies, and they would lovingly call me mommy. My teachers were really the pillars of success for me. I have completed my graduation and in my final year pursuing my Masters Degree. I am thankful to the principal brother Albert, Father Joby, father Saji, the alumni association of the college, my beloved teachers and to all my classmates for making my journey of life memorable and a cherished one. I am proud to be an Anthonian, because once an Anthonian, always an Anthonian..."



Genia Dohling 2018 Batch (BA)

St. Anthony's Evening College really changed my life, the teacher the friend I've met there they're so nice so friendly and the love they give us is so unforgettable and it will stay in my life memories forever, I have nothing to say or give but my love and respect will be always there for you all. Lots of love

> ~Pynbhalang Kharryngki. Batch 2020-2023

"When I was in secondary school, I used to say that I would like to study at St. Anthony's College. Even though I got a low percentage in class 12, my second chance at the best college in the city began at St. Anthony's College Evening College. Until today, every time I pass through the college, it brings back those precious memories.

How can I not start with my beloved teachers who work so hard every day just to spoon-feed us in every subject? (Sir Eric Hynniewta, Ma'am Rekhy Khriam (History), Ma'am Amelia Lyngrah (Political Science), Ma'am Bala Nongkynrih (Khasi), Ma'am Daphi Kharmujai (English), Ma'am Dayo Kharsyntiew (EVS), Ma'am Magdalene Pyngrope (Communication Skills), Sir Arya Paul, and Sir Rajni Khyriem (IT), and to all the evening teachers.) And how can I forget Father Saji Stephen with the Value Education Team? I got 100% attendance two years in a row in this class. To be honest, the value education class changed my life totally as a person. I remember we went to Siloam as a group for a study tour. My friends and I were runners-up in the Food Competition during College Week. We participated in a singing competition, and I got a chance to perform during the closing dance ceremony on the main stage along with my day shift friends. We went to Kolkata for an excursion.



Bryansius Kharumnuid.

Talking about the course, as a history honors student, and for the very first time, we were in the semester system. It was quite challenging, but with the help of the teachers, from the first semester to the final semester, I gave my best in everything. According to me, Archeology was the best topic ever in history, and the Mughal Empire was taught by our principal, Br. Albert. To be honest, I did not like political science that much. However, I still remember "The Monkey's Paw" by W.W. Jacobs in General English. I did not expect that I would do very well compared to my school days.

I still remember in one of the classes in Value Education, one of the teachers talked about "Never Being Too Late to Follow Your Dream" and keeping focusing on your good discipline; everything will lead you there. At that time, my heart, my mind, and my soul were connected to foods that I always wanted to become a chef. With the uniqueness of my classmates, I used to admire their personal stories for being self-dependent. After I completed my degree, I sacrificed 2 more years at IHM Shillong and did my training at the Taj Hotel Kolkata. I came back home and am now working as a chef in one of the best cafes in the city and looking forward to the best in my future".

Ever More Better Ever Long live St. Anthony's College



"Enrolled at St. Anthony's College, Shillong in the Spring of 2014 in the Department of Biotechnology for Bachelor of Science Programme, my journey to the premier service of the state of Meghalaya as a bureaucrat actually began in the third year of college studies when one random afternoon after our practical class on tissue culture one of our assistant professors spoke to a few of us chatting in corridor about pursuing Civil Services. Driven by curiosity, I did a thorough research on Civil Services, their role in shaping the country and more especially what it takes to get there. I realized that it was a very risky decision to make, a crazy one in fact because of the cut-throat competition out there. I had mixed feelings about it. I was scared to take a step but at the same time I was very excited to take the challenge head on. The path was not smooth. I made a lot of mistakes along the way; failed a number of times, uncertainty crept my mind but I kept going on with my parents, relatives, friends and mentors supporting me every step of the way. Finally, after four years of perseverance and consistency in my preparation I finally cracked the Meghalaya Civil Service Examination in my first attempt in the year 2021. My life was never the same since the day I joined service. Every day was a learning experience. The job is very demanding but at the same time it is very rewarding. Being in a position to be able to make someone's life better gives you the contentment more than any things else. As I go down memory lane, back to the days at St. Anthony's college, my heart is overwhelmed with gratitude to the college for giving us the platform and the conducive environment to grow. Back in the day, I recall, I would seize every opportunity to learn and grow. I was elected Department Representative and I would say that was the best thing that happened where I learnt about responsibility, team work and friendship. To all my young friends at St. Anthony's College, Shillong, pursuing their studies, I would like to leave this message, that remember if you sow an action, you reap a habit; sow a habit, you reap a character and sow a character, you reap a destiny."



Shri. Evanmi Lyngdoh, MCS

Assistant Commissioner & Deng: Executive Magistrate Block Development Officer, Mawpat C&Deng:RD Block East Khasi Hills District, Shillong Government of Meghalaya

I have learned and experienced to make good relation with others through value education, etc.

~Dison Mukhim

"As I reflect on my journey of personal and academic growth, I am profoundly grateful for the pivotal role that St Anthony's College, Shillong and Stephen Hall Boys Hostel have played in shaping the person I am today. Both this institution has instilled in me values and skills that continue to guide me on my path to success.

St Anthony's College's commitment in excellence in education, coupled with its dedicated faculty members has fostered a love for leaving within me. I will always be thankful to the engaging lectures of S.K Mandal Sir, Kishore Singh Rajput and Puekasyatha Sir whose insightful lectures have helped me to gain a deep understanding of various subjects and develop critical thinking skills that have proven invaluable in my academic pursuits.

St. Anthony's College have provided me with numerous opportunities for my holistic development beyond the classroom. Participation in extracurricular activities such as Cultural events in college and my hostel StephenHall and community service initiatives in Siloam and Stephen Hall has enriched my college experience.

Living in Stephen Hall Boys Hostel has been an integral part of my journey. I am personally thankful to Father Joby and Father Saji for providing me the opportunity to be a part of the vibrant hostel community of Stephen Hall. Stephen Hall provided me with a supportive network of peers and mentors who have encouraged me every step of the way. Whether it was late night study sessions, friendly competitions, or simply sharing meals together, the bonds formed in Stephen Hall have been instrumental in shaping my character and fostering lifelong friendships."



Dibya ranjan Bora, Assam Accounts service (AAS) (with wife Munmon Gogoi, History Deptt)

Forever Grateful

"Firstly, I would like to thank God who has led me to this magnificent institution. St. Anthony's college has provided us with all the aspect of knowledge which is very crucial for us as a student's. St. Anthony's college has taught everything regarding knowledge and experience I've learned discipline and values as a student and becoming a responsible Leader. I also gain knowledge, morality, inspiration, love, moral values, caring, and kindness from all our beloved and devoted teachers who are my Guru's.

I personally thank Evening college for giving us an opportunity to continue our studies for most of us who are from underprivileged family and help us to attained wisdom, skills and brightened our future. Therefore, St. Anthony's is my temple of acquiring knowledge."

~Esterbok Kharbihkhiew

First, I want to express gratitude to the alumni, as because of them, I gained numerous experiences in my life. I enjoyed my time in college immensely, especially since I could continue my studies. Before receiving my 12th-grade results, I had lost hope of pursuing further education. By Gods grace, someone informed me about the evening college, which made me happy yet also left me feeling lonely, as I didn't have any friends to accompany me. I had hoped that having friends with me would enhance my enjoyment of college life. However, upon joining college, I found that my experience exceeded my expectations, even without my friends. I encountered excellent teachers whom I developed friendly relationships with and could seek help from. Additionally, participating in events like college week brought immense joy.

Being a student at St. Anthony's College fills me with happiness and pride, without any regrets. I am especially grateful to our wonderful teachers and alumni. Unlike my school life, I found immense enjoyment in college and received unparalleled support from the teachers at St. Anthony's College. I miss my college life dearly. I particularly miss St. Anthony's College, especially our exceptional teachers, who played a significant role in shaping the person I am today. I am determined to complete my studies, and I owe a heartfelt thank you to the teachers for their love and generosity. We will keep you in our prayers. God bless you all, especially the alumni."

> EMIKA MAWLONG BA Philosophy 2023 Batch

It was outstanding and astounding. I am so glad being a part of the evening shift for it helps a lot for me without the evening shift I would be end up with my HSSLC but this shift has been a good opportunity to complete my degree. I extend my gratitude to the Principal and staff of the St. Anthony's college who play a vital role in helping such kid like me and also to the Alumni association who had the source of all in my studies. May the good Lord bless you all.

> ~ PHRIDIAN R. KHONGJOH BA Khasi 2023 Batch

"This gives me an opportunity to contribute and testify to whatever I have achieved from this institution. At the threshold of 2014, I was completely a different person, with so many worries and despair. I was confused with myself, didn't know what to do next. I started having so many complexities just like many other friends. But exactly on this very year, this institution came up with the view of bringing the evening shift to the college, primarily and solely for the students who achieved less than 45% of marks and also with the intention of uplifting the poor and the needy.

Whereas, I was one of the students falling within this scope. I got admitted in the year 2014, and since then, I have been grateful to this institution for rendering such great service for all of us. I started once again to streamline my journey towards my goal. This institution has provided us with many tools to uplift our life, confidence, dignity, challenges, and character. Because of all these, we really felt that we have the fundamental ways and means to stand by. That is why I made a difference by becoming a student representative, the marshal of the college. Not only that, I became the president of Shillong Law College while pursuing my law degree and, till date, an advocate in the High Court of Meghalaya. Though it was not an easy journey to walk on each and every path, till now I struggle to wrestle with my life because I have to continue on this mission rendered by this institution. But to do that, I can achieve only with strong determination and courage.

The course was very substantial in responding to the needs of the students, not only in terms of theoretical aspects but more of practical aspects required on a day-to-day basis. This is something highly regarded by all of us.

And whereas, all of these achievements I owe to the past pupils of this college. They really have a great heart, which is bigger than the world, the management, the teachers who really sacrificed themselves in spite of many things. They have really pushed us to the horizon of various possibilities through various mechanisms allotted to us.

In conclusion, I am really thankful to this institution for its selfless service, and I also give the same message to all the students of the evening shift: do not be so inferior, you too can do it if others can. If you make use of all the resources available to you, the most important part is courage and confidence. May the almighty God bless all the past pupils, the management, and the teachers of this college."

Thanking you Yours Sincerely

"The best thing about college life is that we experience something new every day, learn many new things, and make numerous friends and acquaintances, including new teachers. In my experience, all the teachers are very supportive and friendly, and I will always be grateful for the connections I've made. Long live St. Anthony's College, getting better and better."

--MONDA KHARMUTI BA Khasi 2023





I am Gilbert Lalhlimpuia from Mizoram, I graduated from St. Anthony's College in the year 2017 from the Department of Philosophy , thereafter I joined Jawaharlal Nehru University (JNU) and post-graduated in 2019, after which I started preparing for the Civil services exams, after rigorous ups and downs, with luck at its play I was fortunate enough to crack the Mizoram Civil Services Exam with 3rd rank in 2022 in my first attempt, and I am currently posted as Sub-Deputy Commissioner and District Urban Development Officer (DUDO) In Kolasib District. My journey to clearing Civil services was a hurdle that every/(any)one could partake in; a hurdle coupled with the obstacle of failure, will, determination, courage, patience and the like, it is with all the qualities and the power to believe in one-self which is the most important ingredient to cracking civil services.

My life at St. Anthony's was a feat sided with all the good memories- friends, classes, faculties and opportunities that keeps coming through the platform provided by the college itself, it duly gave me the platform to develop through the various co-curriculum provided that shaped me to be the person I am today, I also had the golden opportunity to be a resident of "Stephen Hall", a hostel we dearly called "Home away from home", it truly had been a guiding factor in my life through the daily mass that we have, aid one's personal development and growth by offering plethora of co-curricular activities that it offers. Just as the saying goes, "The heart always have room for beautiful memories", the life I spent at St. Anthony's and Stephen Hall are the memories that I will always cherish.



Gilbert Lalhlimpuia Sub-Deputy Commissioner Kolasib District, Kolasib

The teachers in this college are the best and supported me always. Every single moment that I spent in this college is something I will cherish for the rest of my life."

--NisydoraNongdhar BA Khasi 2023

It is a great honour, and I can hardly express my gratitude for this opportunity to share my story and how I cleared the Mizoram Civil Services Examination. By God's grace and the hard work of my parents, my academic journey has rather been one of a smooth ride. I was used to being at the top of my class. I was allowed to go to one of the best colleges in Northeast India, St. Anthony's College, and later attended the University of Hyderabad. I was blessed beyond measure

After 15 months in Delhi for CSE coaching, I went back to Mizoram and took the Combined Mizoram Civil Services Examination. The preliminary examination was held in June 2023, and the main examination took place in August. If you think the preparation alone was stressful, for me it was added by the time constraints and my fragile body. I was exhausted, both physically and mentally. I'm sure all the other candidates went through the same emotional turmoil. The syllabus was vast, and the pressure was real. The exam took four days, with two papers each day. You can physically feel the pain in your fingers and shoulders if you write at your top speed for 6 hours every day, not to mention the throbbing headache from pushing your brain too hard. I remember how I wanted to give up on the last day of the exam. I just kneeled and prayed for strength to finish what I had started.

When the main exam result was out and I was called for the interview, I was not even sure what to do next. But "where God guides, he provides" (Isaiah 58:11). Many God-sent people had groomed me for the big interview day. When the dreaded day was over, a sigh of relief followed as I looked back on how God had guided me throughout. To know that God is faithful is more than enough for me.

The final result came out on February 1, 2024. My name was there on the list; 8th rank, MCS. I used to say that the most heartbreaking thing was not finding your name on the list. Now that my name is on the list, I'm finding it hard to believe my own eyes. Though I've been working for this for the whole year, it is surreal to know that I have

One of the most crucial parts of my life was when I joined BA (Economics) from 2016 to 2019 at St. Anthony's College, Shillong. My three-year undergraduate course here became the cornerstone of my academic journey. It was the first time I'd left the comfort of my home and gone to another state for further studies. As I was the topper in the HSSLC (Arts) Examination 2016 from Mizoram, I was generously given direct admission by our respected principal, Br. Albert Longley Dkhar. Not only that, I was one of the few lucky students who got a hostel seat in the prestigious Mamma Margaret Hall. I will forever be grateful for this.

actually succeeded, that my prayers have been answered, and that I am now officially a "civil servant."

If you get into Mamma Margaret Hall, you will see transformation in your personality," was what my senior rightly told me when I first came to Shillong. Students from all over North-East India and some foreign students—we all lived together like a family under one roof. There can be no better place to develop one's personality than this. I saw improvements in my communication skills, interpersonal skills, and creativity through many activities within the hostel itself. I became more confident and learned how to become a leader, how to work as a team, how to organize an event, and how to be on stage, and that became my first training for becoming an administrator. Mamma Margaret not only helped me graduate but also taught me life skills that would later help me in the real world. I was a naive and immature teenager during my college days, but the strict guidance of Sister Lusika, Ma'am Linu, and later Sister Trisha prevented me from going astray from my values. They inculcated in us the path of righteousness with their words of wisdom and





Christina Lalnunfeli Mizoram Civil Services BA Economics 2016-19 Batch

Though I was not a Catholic student, I made a point to attend mass on every special occasion. This helped me stay on track with regard to my spirituality. St. Anthony's students in general and Mamma Margaret and Stephen Hall hostellers in particular were fortunate enough to attend many seminars and workshops. During that time, I did not understand their importance, so I hardly enjoyed them, but we had to attend them merely for the attendance. However, those seminars and workshops, quizzes, debates, and many more programs later became the precious stones on my resume, and I have not regretted attending them all. Had it not been for the career guidance that we received, I would not have reached this far.

Looking back now, St. Anthony's College did a lot for me. I got my Bachelor degree in Economics in 2019 as the 6th rank holder in NEHU. I left the place not only with a degree in my hand but also with real education in my heart. Those three years spent on the beautiful campus were the most memorable part of my life. The experiences and the lessons learned were priceless, as they became an important ladder to success. As I have achieved my dream, I remember every single person who guided me, supported me, and put me in this place. Now, my dream is to do the same for those behind me.

"It has been 16 years since I graduated from the Computer Science Department at St. Anthony's College, yet the impact of those formative years continues to resonate in my personal and professional life. The faculty were not just educators; they were mentors who brought humor and joy into the classrooms, making learning an enjoyable experience.

I fondly remember moments like dancing with a teacher during a college event, which exemplified the lively and supportive atmosphere at St. Anthony's.

One of the standout experiences from my college years was participating in the Building Bridge program. We spent a week in a village teaching children about computers, an initiative that was as educational for us as it was for them. The camaraderie with friends and the joy of sharing knowledge were truly enriching.

The bonds formed with classmates in the labs and during moments like mass bunking have lasted a lifetime, underscoring a college experience filled with support and fun. The hands-on learning and practical projects not only prepared us for the tech industry but have remained applicable throughout my career.

Reflecting on the past 16 years, I am immensely grateful to St. Anthony's College for laying such a strong educational foundation. The lessons learned and the friendships made continue to influence me greatly. I highly recommend the Computer Science Department to anyone looking to forge a significant career in technology.

Thank you, St. Anthony's, for those unforgettable years and for the ongoing support from the alumni network. I am proud to carry forward the legacy of this remarkable institution."

~Prakash Kafle (BATCH 2008) B.Sc(Computer Science) For all the encouragements, motivations, support, help, kindness, patience, understanding advice and guidance and for always being there for me.I am so grateful to get a chance to be a student of this college and it was the best experience of life for me. Here I met special and kind teachers and I really admired you all dear teachers.

~Badaihunkhriam

BA Khasi 2023

The best college, I am proud to be an Anthonian. This college has always supported me in my ups and downs. I love being in this college it's such a blessing to me. I've met new friends, new teachers, and I always love them as my own family. Thank you so much, St. Anthony's College, Shillong. Ever more better, once an Anthonian, always an Anthonian.

God bless each staff, teacher, principal, and student in this college. I love you guys. Once again, thank you so much for everything.

~Comfort Nongrum BA Khasi 2023

It is the best college. I am grateful to be Anthonian. This college has taught me confidence which I don't have before. It has always been my supporting system especially in my ups and downs. I also meet new friends which later become my family and last but not least I thank God each day for giving me the best teachers who understand and guide so much to me without their guidance, their support & amp; love I won't be flying with colours.

~Merijune Sohphoh BA Khasi "It was the year 2017. Sitting in my hostel room in Guwahati, I was going through the list of candidates selected for a Master's programme in Biotechnology at St. Anthony's College, Shillong. I waited with bated breath, not knowing what to expect. Then all of a sudden, I saw it, Annesha Khersa, becoming one amongst eighteen others selected for the programme. My excitement knew no bounds, which was also tinged with a hint of nervousness. Excited, because I was going to be a part of a prestigious educational institution, and nervous, because I was going to be on my own, leaving behind friends and family, forging my own path ahead. But little did I know that Shillong and St. Anthony's college, in particular, was going to be my home away from home.

During my period of study here, I was fortunate to be a part of a vibrant campus community, where I got to meet people not just from different parts of the country, but also from different spheres of life, helping me form everlasting bonds and memories that I will cherish forever. The highly anticipated College Week is one such occasion where one truly gets to interact with fellow Anthonians and be a witness to students displaying their amazing talents. I also take pride in the fact that the campus has been certified as a "Green Campus" which speaks volumes about St. Anthony's commitment towards a sustainable future.

I have had teachers and mentors, who were friendly and caring, lending their undying support in the form of valuable advice; but were also stern enough in a kind way, so as to remind us to excel in our academic pursuits. We also had access to well-equipped laboratory, library, computer lab, sports facilities, as well as a stateof-the-art auditorium. As part of our co-curricular, educational trips were organised to Umran, Siloam, and Kolkata. Coming from Haflong, a small hill town in Assam, such visits gave me an opportunity to meet and interact with people from diverse backgrounds, which helped broaden my horizon.



Annesha Khersa Assam Civil Services

The institute also places a lot of emphasis on value education because in its own words, 'Education is complete when it touches the whole person'. This value education has had a profound impact on me as an individual. I remember one particular class where we were taught how 'Knowledge without Character' is worthless. Looking back now, I can confidently say that it has been one of the contributing factors in me choosing the path to Civil Services.

Now whenever I get asked about my educational background – which happens quite often – my heart swells with pride to let people know that I am an alumna of St. Anthony's College. The experiences that I have had, greatly shaped me into who I am today, both in my personal and professional life. Nelson Mandela once said, "Education is the most powerful weapon which you can use to change the world". To my mind, St. Anthony's College has been the catalyst of positive change in my life.

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Wherever I go from this point onwards and whatever I do, there will always be an indelible imprint of what the College has given me, knowledge and values, to negotiate life's challenges, but above all, to serve the nation. I can only wish and pray to the Almighty that St. Anthony's keeps on growing and nurturing students to realise their full potential and become better citizens of our great nation.

Jai Hind."

ninu.

Present 6th Semester DR

Firstly, I am grateful and thankful to God that I was selected from the evening college. My journey

with the college has been great. I got to know more about the course, activities, how to become independent, and how to communicate with others, which helped me a lot. Some days, we have educational classes that really inspire us. They make me a strong-minded person, and I have become better than before. I hope that I will be successful in life and get a job once I'm done with my studies. I have nothing, as I'm still a student and living as a tenant in Shillong.

Secondly, My journey in St. Anthony's College Evening shift is quite amazing. As a dropout student, I did not imagine getting to continue my studies and about to complete my degree level in such an amazing college. I thank God for the Alumni Team, if it weren't for them, I would not be able to complete my degree. I wish that one day I could join hands with the alumni and serve others who are not able to complete their college due to fees. Best wishes for St. Anthony's College and the Alumni. May the Lord God Jesus bless and lead them all for many more years to serve.

Thank you

~Skhembok Lang Lyting DR Evening College 2024 Khasi 6th semester Firstly, I considered myself as one amongst those privileged students who have done their education from one of the best College in Shillong, Meghalaya. I had the honour of being a part of it, I have never thought or could imagined being in this college. I am proud to say that I was a student of St. Anthony's College where I have completed my Graduation and will cherish it for the rest of my life. It has been countless memories, great mentor, good brothers and sisters, exceptional friends and has taught me what life is. Throughout my journey in College, I have learnt lots of things that I've never imagined, I would come across of learning. If I must admit the transition from high school to college was arduous.

"I was like a bird that was waiting for its owner to tell me which way to go or what song to sing." I went to college with the intention of just to complete my Graduation and have a Degree. On the first day of college I had so many different emotions running through me. I felt excited, nervous and anxious. I think I had some anxiety kick in as well. I felt this way because of age difference to say, for almost after 6 years of gaps that I have discontinued my studies and then suddenly continue again after such gaps, it's quite hard to go through with, because it made me feel a bit of embarrassed and uncomfortable. I was nervous about the other people in my class rather or not, I would have a big class or smaller sized class. But there's nothing such like that. When I joined the college it was just a different experience to me it was amazing and unforgettable collection of memories. The environment of the college was so awesome, all were so friendly and the senior started to brief us and make us feel comfortable with the college environment.

After I have finished the first year paper, I realized myself I have learnt and improve in so many ways like the way I interact with people, friends and family, time management, to be confident, bold, and strong and so many other things. This is possible due to the teachers like you who made the class so interesting and learning more effective for me. Thank you teachers for your support, dedication love and guidance, you all absolutely make a difference. Talking about my classmate and friends from both department (B. Com and B.A) they are just awesome, dependable, supportive, talented and amazing people that I've ever met. I am so grateful and proud to be an Anthonian. Thank you God for this good life and for everything that you had bless me with.

Finally, I would like to express my sincere gratitude and thanks to the respected principal. Br. Albert, Rev. Fr. Joby, Rev. Fr. Saji, Sisters and all the staff and members of St. Anthony's Finally, I would like to express my sincere gratitude and thanks to the respected principal. Br. Albert, Rev. Fr. Joby, Rev. Fr. Saji, Sisters and all the staff and members of St. Anthony's College and the college itself. Especially I would like to express my warmth thankful to all the teachers of the evening section. Special thanks to all the member of Alumni Association the sponsored of the Evening College. Again thank you for your encouragement and financial support. For all the Dedication and Efforts deserve a round of every second moment is worthy of praise. College and the college itself. Especially I would like to express my warmth thankful to all the teachers of the evening section. Special thanks to all the member of Alumni Association the sponsored of the Evening College. Again thank you for your encouragement and financial support.

For all the Dedication and Efforts deserve a round of every second moment is worthy of praise.

"EVER MORE BETTER EVER"

Anthony Marbaniang 2020 Batch BCom

Title: From College to Culinary Success: A Journey of Passion, Resilience, and Giving Back

"My journey began at St. Anthony's College, where I spent three transformative years from 2007 to 2010. It was more than just an educational institution; it was a nurturing ground for confidence, knowledge, and skills. One of the highlights of my time there was the rare opportunity to converse with a NASA astronaut, a moment that ignited my passion for exploration and discovery.

Following my undergraduate studies, I ventured to Chennai to pursue my Master's degree in communications at Madras Christian College. This period marked not only academic growth but also the beginning of significant personal connections, including meeting my life partner. As I immersed myself in the vibrant culture of Chennai, I realized the power of independence and networking.

During my time in Chennai, I launched my YouTube channel, "Eat Your Kappa," with a mission to showcase northeastern cuisine to a wider audience. Recognizing a gap in the market for quality content in this niche, I seized the opportunity to share my culinary heritage with the world. The channel quickly gained traction, attracting attention from various media outlets across India, which further amplified my reach and impact.

Despite the success of my channel, life took an unexpected turn when familial responsibilities beckoned me back to my roots in Meghalaya. Alongside my husband, I embraced a new chapter of nurturing a farm and reviving a defunct school in our remote village. This endeavour not only provided sustenance but also education to children who lacked access due to financial constraints.



Nambie Jessica Marak 2007 - 2010

Amidst the joys and challenges of rural life, an unexpected opportunity arose: an invitation to audition for MasterChef India. Embracing the chance to showcase my culinary prowess on a national platform, I embarked on a remarkable journey that culminated in being named the first runner-up. The experience not only allowed me to cook for esteemed personalities but also unveiled untapped potential within myself.

Reflecting on my journey, I am deeply grateful for the foundation laid by St. Anthony's College, which instilled in me the courage to pursue my passions and the resilience to overcome obstacles. Each chapter of my life, from college halls to farm fields, has shaped me into the person I am today—a culinary enthusiast, an educator, and a beacon of hope for my community.

As banners and billboards adorned the streets of India, I couldn't help but acknowledge the role of my alma mater in paving the way for my success. With humility and gratitude, I continue to pay it forward, inspired by the belief that every opportunity is a chance to make a difference."

SESINO YHOSHU discovered her love for films in high school and went on to study mass communication, electronic cinematography and documentary by practice. She has directed and produced films that explore borders, culture, women, HIV & AIDS, youth and environment. Her passion to engage with stories through films led her to start TakeOne, a production house based in Kohima, Nagaland. Since then, she along with her team of storytellers have been exploring this limitless world of visual imagery. She is a mother of two and lives with her family in Kohima.

The three years at Anthony's has been, without a doubt, the best foundational years for my professional life. Anthony's introduced me to a new world - the world of storytelling. It is here I found my art, my language – visual storytelling.

Education

- 2009 2010: Masters in Documentary by Practice, Media Arts from Royal Holloway, University of London
- 2003-2004: PG Certificate in Electronic Cinematography, Film and Television Institute of India, Pune



 2000-2003: Bachelors in Mass Communication and Video Production, St. Anthony's College, NEHU Meghalaya

SESINO YHOSHU

Credits

- Silver Lotus Award (Rajat Kamal): Best Environment Film (non-feature) for "The Pangti Story" at the 65th National Film Awards.
- Golden Beaver Award: Best film for "The Pangti Story" at the 7th National Science Film Festival 2017.
- A recipient of Young Achievers Award in the field of filmmaking conferred by the Dalmia Group.
- Best Director (Short Film) for "Story of a House" at the Northeast Film Festival 2015.
- Member of the Non-Feature Film Jury of the prestigious 67th National Film Awards, nominated by the Ministry of Information & Broadcasting, Government of India.
- Member of Jury at First Edition of the Himalayan Film Festival Ladakh 2021.
- MykiFest Award 2021-2022 for Art and Cinematography by Department of Women Resources Development, Nagaland.

One very special memory I have from Anthony's is the journey of the production of our final film. I was paired up with kindred spirits – Pinna Kitnal Muklom and Rosemary Ishorari. We travelled together to Arunachal Pradesh, Bodoland and Nagaland. We met each other's families and ate in each other's homes. As we took on a journey questioning our own identities, we discovered new ones. The final film was far from being great but the journey we took in making the film remains one of the most special ones.

I, Genia Lapynshai Dohling, testify to the profound impact of my college experience at St. Anthony's College as a single mother. My decision to pursue higher education while raising a child has been both challenging and immensely rewarding.

Enrolling at St. Anthony's College was a pivotal moment in my life, representing a commitment to personal and professional growth despite the obstacles I faced. The support and resources provided by the institution have been instrumental in my success. Faculty members and advisors at St. Anthony's College have shown exceptional understanding and flexibility, accommodating my responsibilities as a parent while encouraging academic excellence.

The academic programs at St. Anthony's College have empowered me with knowledge and skills that extend beyond the classroom. Through rigorous coursework and hands-on experiences, I have gained confidence in my abilities and a deeper understanding of my chosen field.

Balancing academics with parenting has required determination and resilience, but I am grateful for the network of support I found at St. Anthony's College. Connecting with fellow students, many of whom share similar experiences, has created a sense of community and solidarity that has sustained me through challenging times.

Moreover, the opportunities for personal development and growth at St. Anthony's College have been invaluable. Engaging in extracurricular activities and taking on leadership roles has enhanced my leadership skills and expanded my professional network.

As a single mother, graduating from St. Anthony's College represents more than just obtaining a degree—it symbolizes overcoming obstacles, setting an example for my child, and paving the way for a brighter future. I am proud to testify that St. Anthony's College has played a pivotal role in my journey of self-discovery and empowerment.

Thanking You

~Genia Lapynshai Dohling



The bestest memories q mig life Observe Everything hears at st Overlook a great deal Freally tell Improve a little ! Pope John Pawlit at heme! of From :- Brig Sturg all Nostalgic Feeling !! I Miss My College and my Jeachers () It's great to be back to the price there I ve becaused so many River More Better Ever Long Live St. Anthony's Willey things both educational wise of with Lot of Love tipe dessous! tong line St Andhoury's SPGA this being on stage and being a kid the last few Bringing Back memories of days of being a kid! my lolge - : Missing Dathen Saji ST ANTHONY'S -Morning Classes HOME

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St. Anthony's College # I will never forget is the best. St. Anthony's callege. Thankyon I really ful at home when-Criermone better Ever, # ever I visit this college Ret of Love . O Authorizy you gave we some of the most menorable memories & fronty I but - And un 2008 LE YOU WAR TO KNOW The then Kompilary AND 195 COME BE AN ANTHONIAN Missing the good Old Some of the best years Days, I miss you St. of my life were ture U / Anthony's. Gidelia Marina (Bot) Batch 2015 God bless SAC

An Education 13 Really my they college younger etron Age where it bringe Provid to be on "ANTHONIAN" back, Memories n st Andlong steperd 6 Jondest memory here is when AN RIVER My son 4.11 I won singing comp Probably be reading this out loud. And the food in the cantern was bomb - N. Sugar Ravy Batch Will bluays cherish the moment I had Good to be Apret in callege after & long time 2015 - 2018 Had a wonderful The most menners ble has reade lats of remonies which an neut be find, and have ceally grown up forigotton.



ZetaTribe

Email: zetatribe1@gmail.com Contact us : 986369346

ZetaTribe is a new-age media agency based in Meghalaya, India. We specialize in empowering local businesses and brands to establish a strong digital presence achieving sustainable growth in the evolving online marketplace. Services we offer Website Designing, Social Media Management, Running Ad Campaigns(Google Ads & Fb Ads),Designing, Video Editing, Creating Ad Creatives



Dear Alumni,

"Your stories inspire us. As we design this edition of 'Intouch,' we aspire to follow in your successful footsteps."

Warm regards,

Team Zetatribe

